

Lesson 1b- What is Trauma-Informed Care?

SAMHSA's Key Assumptions for TIC

Prevalence of ACEs

ACEs Impact/Risks



What are the limitations of the ACEs Study?

Sources Used in Lesson 1b:

- Substance Abuse and Mental Health Services Administration. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014.
- Swedo, EA, Aslam, MV, Dahlberg LL, et al. Prevalence of Adverse Childhood Experiences Among U.S. Adults - Behavioral Risk Factor Surveillance System, 2011-2020. MMWR Morb Mortal Wkly Rep 2023, 72:707-715. DOI: <http://dx.doi.org/10.15585/mmwr.mm7226a2>
- Peterson C, Aslam MV, Niolon PH, et al. Economic Burden of Health Conditions Associated With Adverse Childhood Experiences Among US Adults. JAMA Network Open. 2023;6(12):e2346323. doi:10.1001/jamanetworkopen.2023.46323
- About Adverse Childhood Experiences, CDC, April 2024 <https://www.cdc.gov/aces/about/index.html>
- ACE Screening Clinical Workflows, ACEs and Toxic Stress Risk Assessment Algorithm, and ACE-Associated Health Conditions: For Pediatrics and Adults. April 2020 www.acesaware.org/wp-content/uploads/2019/12/ACE-Clinical-Workflows-Algorithms-and-ACE-Associated-Health-Conditions.pdf
- Kaiser Permanente Thriving Schools. <https://thrivingschools.kaiserpermanente.org/mental-health/aces/>

Financial impact of ACEs



REFLECTION QUESTIONS

1. What does “correlation not causation” mean? How does understanding this help us to understand the ACEs study?
2. How does what I learned about the ACEs Study impact my work and my life?

The Attachment & Trauma Network, as well as many other leading trauma-informed organizations, recommends that the ACEs Study NOT be administered to children in most situations. We don't need to know individual children's scores or specific trauma histories to provide trauma-informed care to children, unless we're providing therapy or medical care.

